
Worksheet date:

Focus For this week:

Positive Mantra:

3 MITs:

Important Personal
Events:

- 1.
- 2.
- 3.

Learning Challenge:

Project A:

- 1.
- 2.
- 3.
- 4.
- 5.

Networking Challenge:

Balance Challenge:

Project B:

My Health:

- 1.
- 2.
- 3.
- 4.
- 5.